IN THE CLAIMS

1. (Currently Amended) A flat sheet of material for forming a structure having a three dimensional shape, said sheet comprising:

material forming the sheet in a first portion of the sheet;

a second portion of the sheet where material comprising the sheet is removed, said second portion being surrounded by said first portion and having a first edge and a second edge which are perpendicular to each other; and

wherein the sheet is capable of being when folded to creates a first fold line in a first direction parallel to said first edge, then being and when folded in a second direction parallel to said second edge to creates a second fold line so as to cause said first edge and said second edge to come into alignment with each other so as to be parallel with each other.

- 2. (Canceled)
- 3. (Original) The sheet according to claim 1, which includes a plurality of first portions and second portions.
- 4. (Original) The sheet according to claim 3, wherein the second portions are surrounded by first portions.
- 5. (Previously Presented) The sheet according to claim 1, wherein after folding the first portion which comes into an abutting relationship is seamed.

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- 6. (Previously Presented) The sheet according to claim 5, wherein said seam is by welding, thermal bonding or adhesive bonding.
- 7. (Original) The sheet according to claim 1, wherein the sheet is capable of being folded at a junction formed between the first portion and the second portion.
- 8. (Currently amended) A method of forming a structure having a three dimensional shape using a sheet, said method comprising the steps of:

forming the sheet to create a first portion of the sheet with sheet material;

removing a portion of the sheet to create a second portion of the sheet without sheet material which has a first edge and a second edge which are perpendicular to each other; and

folding said sheet along a first fold line parallel to said first edge and then folding the sheet in a second direction parallel to said second edge to create a second fold line so as to cause said first edge and said second edge to come into alignment with each other so as to be parallel with each other,

wherein said second portion is surrounded by said first portion.

- 9. (Canceled)
- 10. (Original) The method according to claim 8, which includes the step of forming the sheet with a plurality of first portions and second portions.
 - 11. (Canceled)

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- 12. (Cancelled)
- 13. (Previously Presented) The method in accordance with claim 8, wherein the folding takes place at a junction formed between the first portion and the second portion.
- 14. (Previously Presented) The method in accordance with claim 8, which includes the step of seaming an abutment formed by the folding.
- 15. (Original) The method according to claim 14, wherein seaming is done by welding, thermal bonding or adhesive bonding.
- 16. (New) A structure having a three dimensional shape made from a flat sheet comprising material having a portion where the material is removed, said portion being surrounded by the material and having a first edge and a second edge which are perpendicular to each other, wherein the material is folded to create a first fold line in a first direction parallel to said first edge and is folded in a second direction parallel to said second edge to create a second fold line so as to cause said first edge and said second edge to come into alignment with each other so as to be parallel with each other.
 - 17. (New) The structure according to claim 16, which includes a plurality of portions.

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